

Cup \$3.50 Pot \$6.50

## **Black Tea**

### **Single Estate-Non Flavored**

**Assam Seesa Estate** This delicious full bodied black tea is robust, stands up well to milk. A traditional English Favorite the Seesa Estate is world renowned for producing highest quality "sipping" tea.

**Nilgiri Organic** A delicious rich. Full bodied black tea comes from the Blue Mountain region in India. The deep hue and bright liquor make this a top notch organic selection.

**China OP** Also known as Orange Pekoe, a smooth black tea.

#### **Traditional Blends**

Irish Breakfast. Blended just for Serenity all organic. English Breakfast. Smooth, good with milk, organic

#### **Flavored Black Teas**

**Pineapple Coconut** A house favorite, a perfect blend. Sure to bring you back for more.

**Energize Me** Black Tea, yerba mate, cardamom, cinnamon, licorice rot, ginger root, black pepper, cloves and kuto kola. Am amazing combination the will leave you calm and relaxed.

**Chai** This house specialty is created in the tradition or real Indian Chai. We start with black tea and add delicious spices making a fragrant, invigorating brew. Organic.

**Earl Gray** Perfection. Our Earl gray is the perfect blend of tea and scenting. One of the worlds most recognized flavored teas in the world. Organic.

**Lady Gray** A smooth blend with a perfect blend of bergamot, orange and lavender. A joy to drink. Organic.

**Lapsang Souchong** A traditional large leaf black tea that is smoked over pine chip fires achieving a much sought after smoked tone to an already brisk brew.

**Raspberry** A smooth old time favorite at Serenity.

**Madagascar Vanilla** Only the highest quality vanilla beans are added for enhancement.

**Peach** A delicious black tea with just the right balance of peach gives a smooth fruity cup of tea.

**Berry Brulée** A new favorite to the teahouse, a black tea blended with strawberry and blueberry with a creamy finish

Blackcurrant Light and flavorful.

# **Oolong Tea**

Oolong teas are great for digestion. The various oxidation levels of Oolong tea create dark and green Oolong teas

Apricot Oolong light and full of flavor

**HazeInut Vanilla Oolong** A house favorite Oolong tea with a perfect mix of hazeInut and vanilla. A perfect sipping tea.

Orange Blossom Oolong A dark Oolong tea base with the addition of essences of oranges and dried orange peel. Cinnamon Apple Oolong An exceptional tea that blends luscious cinnamon, sweet apple and luxurious Formosa Oolong.

**Orange Cinnamon Oolong** Rose petal, orange peel and cinnamon make a perfect toasty tea.

**Huang Jin Gui** A delicious green Oolong, enjoyable and easy to drink.

## Pu'erh Tea

Pu'erh is produced in the Yunnan province of China. The antioxidants and polyphenols in Pu'erh teas aid in digestion in fat breakdown. These dark teas are good with milk.

**Pu'erh** a smooth unflavored Pu'erh, light sweet and soft. **Chocolate Pu'erh** An amazing smooth chocolate taste that will go perfect with any dessert.

**Chocolate and Cherries Pu'erh** A delicious blend for the festive season.

**Pumpkin Spice Pu'erh** A magical blend of cloves, ginger root, cardamom make this a perfect fall tea.

**Strawberry and Chocolate Pu'erh** A delicious Pu'erh with flakes of strawberry chocolate.

Lemon Lustre Pu'erh A smooth creamy lemon flavor.

### **Iced Tea Selection**

Cold brewed with some of out favorites teas South Pacific Green Tea English Breakfast Black Tea Raspberry Rose Petal Herbal Tea Pineapple and Coconut Black Tea Honey Raspberry Tea

#### **Nespresso Coffee**

Coffee \$3.50 Expresso \$3.50



Cup \$3.50 Pot \$6.50

## Green Tea

#### Chinese

**Raspberry Orange Sencha** A great choice if you are new to green tea. A Sencha style leaf flavored with the essence of orange blended with raspberry and orange pieces.

Mandarin Orange Sencha Light and easy to drink.

Vanilla Wafer Sencha with a strong creamy hint of vanilla

**Jasmine Sencha** A traditional scented tea created in old world style of tea making. Organic.

**South Pacific Tropical Sencha** A delicious light green tea with mango, pineapple and coconut. Organic.

#### Japanese

**Apple Fig Sencha** Light and flavorful with a hint of apple. Our most popular Sencha.

**Gen Mai Gha Green Tea** This nutty full flavored green tea is blended with roasted corn husks and popcorn making it hearty and delicious. A traditional Japanese tea low in caffeine.

**Sencha Sega Estate** This spring harvest Japanese Sencha is crisp and refreshing. Low in caffeine.

**Lemon Ginger Sencha** A light green tea with a delicious blend of lemongrass and ginger root.

## **Rooibos Tea**

Naturally caffeine free, originating in South Africa. Research has shown amazing antioxidant powers of this botanical wonder

#### Honeybush

**Caramel Maccchiato** 

Hot cider honeybush

**Caribbean fruit green Rooibos** 

**Golden Blue Sunrise** Orange, vanilla, licorice, lemon balm, sunflower and corn petals. All organic.

### White Teas

**Hibiscus Breeze Tea** A light floral white tea with hibiscus leaf.

**Pear Spice White Tea** Am amazing tea with organic white tea, helichrysum flower and star anise.

Bai Mu Dan Tea A delicious light, delicate white tea.

## **Herbal Teas**

All of our herbal selections are naturally caffeine free. **Cold comfort** Chamomile, peppermint, Echinacea and other tasty ingredients make this a soothing herbal brew. All organic.

**Detoxify Me** An organic blend of lemon myrtle, ginger root, goji berry, honeybush, fennel seed and lemongrass. **Northern Blue** A fruity blend of mountain berries including blueberries.

**Peppermint** Smooth and calming, organic.

**Raspberry Rose Petal** Floral and fruity with hibiscus and orange peel. Or most popular herbal tea.

Chamomile Comforting and easy to drink. Organic.

Tumeric Ginger A perfect blend all organic.

**Chamomile Lemongrass** chamomile blended with lemongrass. All organic

**Sweet Grass Celebration** A delightful bled of lemongrass, orange peel and ginger root. All organic

#### **Wellness Teas**

**Digestion Tonic** This subtly spicy herbal infusion strengthens digestive organs for improved functionality and immediate comfort. Alfalfa, Dandelion, Chamomile, Caraway, Fennel, Fenugreek, ginger, Tulsi, Yerba Buena, Cinnamon.

**Circulation Tonic** Helps to tonify and strengthen the organs and tissues of the circulatory system. Ginger root, Hawthorn, Motherwort, Rosemary, Shepherds Purse, Tarragon and Tulsi.

**Adrenal Tonic** This bright light herbal melody tonifies and nourishes your adrenal glands. Siberian Ginseng, Licorice Root, Tulsi, Wild Yam Root.

**Inflammation** May help ease symptoms of arthritis, allergies, skin problems, insulin resistance, irritable bowel syndrome and heart disease. Alfalfa, Chickweed, Nettles, Dandelion, Licorice Root, Sarsaparilla, Tumeric, Tulsi.

# **Enjoying your tea ?**

All Serenity teas are available for your to purchase to enjoy at home.

We can have your tea ready for you with your check please let your server know if you would like us to prepare some ahead of time for you.